

October 01, 2017

MACS NEWS

Mobile Attendant Care Service Newsletter



In this issue:

MACS HQ

From the Management Committee

Comings and goings

Did you know?

From the Coordination

Team

Service News

Policy Update

Recipe of the month

From the Management Committee:

NDIS Update: What's in a name?

They say all good things come to an end, but that's still not much comfort when something good does. That's probably the best summation of how the management committee felt upon hearing the news of Anthea's retirement as MACS Manager.

Anthea saw MACS through a difficult transition period after the departure of the previous manager and gave the organisation a much-needed morale boost. Anthea has been with MACS for over 12 years - first as a support worker, then assistant coordinator and finally as manager, so we can't really begrudge her wanting to move on to greener pastures. We'd like to thank Anthea for all those years of hard labour and that she will be sorely missed.

Enquiring minds will of course want to know about our progress finding a replacement. We are just about at the point of signing up a new manager and will hopefully be able to do a proper introduction in the next newsletter. Watch this space. .

Tony Leggett

MACS President

We have welcomed 2 new staff members, Teyarna and Rachael to the MACS team and look forward to you getting to meet them all. We said goodbye to

From the Manager

Recently I resigned from my position of service manager for MACS. After 12 years with the organisation it was not an easy decision to make but I felt like I needed a change. Not many of us like change initially, however, it often leads to positive outcomes even if the road there is a little bumpy.

My time with MACS has been an enormous privilege from direct care to management I have learnt a great deal from work colleagues and service users alike. MACS is such a unique organisation and I have worked here with pride believing one hundred percent in the intrinsic value of the service we provide. One of my favourite memories was working on Christmas Day when all my family were away on a holiday but I stayed behind to work and I realised that all days count for service users and that MACS is always there on the day when other services aren't and I felt so proud to be a part of the MACS community.

I would like to say thank you to the Management Committee for all the work they do and will continue to do for years to come, it has been an honour to work with the outstanding community members and service users who dedicate their time voluntarily to MACS.

I would like to say thank you to Barry, Danielle, Janine and Lauren who have been an amazing team to work with in the office. I have been very lucky as the service manager to find such great people. The new manager I am sure, will feel equally blessed.

Last, but by no means least I would like to say thank you to all the attendants and service users. Each and every one at MACS has brought something meaningful to my life's journey and helped shaped the person I am today. I will always be grateful for my time here and hope to carry my passion for social justice wherever I go from here.

I am extremely excited for new beginnings for myself and for MACS. The Management Committee will appoint a new service manager soon and this will bring with it new opportunities for MACS as an organisation. It makes me happy to think of all the possibilities.

The future awaits. May all our futures be everything we dream of.

Kind regards,

Anthea Wood



Service News:

⇒ **Our day time drop in assistance has become quite popular and we have put on a second daytime shift to accommodate the additional requests. Please give us a call if you are interested in accessing some of the usual drop in MACS support, during the day.**

Policy Update:

Human Services Quality Standard 5: Feedback, complaints and appeals

MACS listens to feedback, complaints and appeals from its Service Users and works in collaboration with its Service Users to find equitable solutions. MACS feedback, complaints and appeals process is fair, accessible and accountable. MACS effectively communicates feedback, complaints and appeals process to its Service Users. MACS Service Users and stakeholders are provided with external avenues to provide feedback, make complains and appeals. MACS continually improves due to the feedback, complaints and appeals processes and those outcomes are communicated to stakeholders by way of the annual report.

Recipe of the month:

Cheese scones



Ingredients:

- 225g self raising flour
- Pinch salt
- 60g butter
- 25g tasty cheese grate
- 150ml milk

Method

1. Heat the oven to 220 degrees. Lightly grease a baking tray.
2. Mix together the flour and salt then rub in the butter.
3. Stir in the cheese then the milk to get a soft dough.
4. Turn on to a floured work surface and knead very lightly. Pat out to an oval 2cm thick. Cut into 6-8 pieces depending on how large you like your scones then place on the baking sheet. If you prefer you can also use a cutter to stamp out rounds.
5. Brush the tops of the scones with a little milk. Bake for 12-15 minutes until well risen and golden. Cool on a cooling rack.

Did you Know?

1. Anthea is a vegetarian
2. Anthea once got a piggyback from Gough Whitlam
3. Anthea intends to be an animal rights lawyer when she graduates next year
4. Anthea's favourite movies are Fargo and the Fifth element
5. Anthea's favourite actors are Jason Bateman and Keanu Reeves
6. Anthea's favourite book is Children of a Lesser God
7. Anthea's favourite song is City Club by The Growlers
8. Anthea's favourite artist is Vincent Van Gogh
9. Anthea's favourite colour is RED
10. Anthea's favourite food is fruit salad